

CALLERLAB MAINSTREAM PROGRAM

Approved October 23, 2018
(revised October 29, 2018)

Mainstream Program

1. Cloverleaf
2. Turn Thru
3. Eight Chain Thru /
Eight Chain 1, 2, 3, Etc.
4. Pass to the Center
5. Thar Family
 - a. Allemande Thar
 - b. Allemande Left to an
Allemande Thar
 - c. Wrong Way Thar
6. Slip the Clutch
7. * *Shoot the Star /
Shoot the Star Full Around*
8. Single Hinge / Couples Hinge
9. Centers In
10. Cast Off 3/4
11. Spin the Top
12. Walk and Dodge
13. Slide Thru
14. Fold / *Cross Fold*
15. Dixie Style to an Ocean Wave
16. Spin Chain Thru
17. Tag The Line Family
 - a. Tag the Line
(In/Out/Left/Right)
 - b. Fraction (1/4, 1/2/. 3/4)Tag
18. Scoot Back
19. Recycle (From a Wave Only)

Callers are reminded to limit their calls to the advertised program. Calls from a list other than advertised should not be used unless they are walked through or workshopped first.

*** Suggested Teaching Order.** Calls in *italics* may be deferred until later in the teaching sequence. Recommended placement of some of these calls has been indicated with an asterisk.

CALLERLAB recommends that MAINSTREAM Program, calls 1-19, be taught in not less than 15 hours. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program.

NOTE TO DANCE PROGRAMMERS

There is NO program called the Mainstream/Plus Program. No dancer is required to know Plus calls to attend a Mainstream open dance. Please advertise dance programs as Mainstream or Plus, NOT Mainstream/Plus.

These lists are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers.